

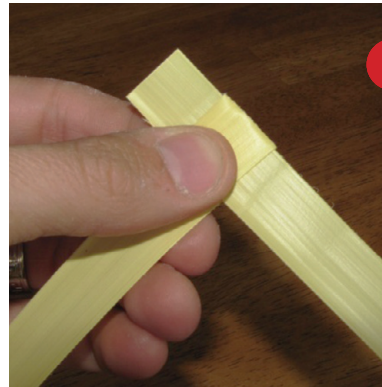
Make a Palm Cross in 13 Easy Steps



ELAINE PETRIDES-SCOTT



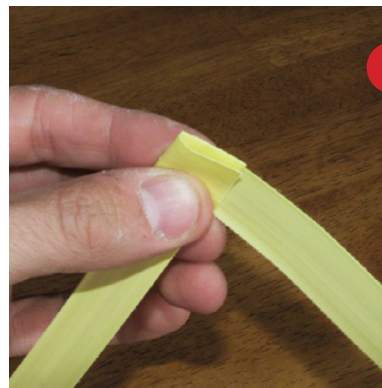
1 Start with one palm and split it down the side to make two equal pieces. Trim off the tops, bottoms and any side parts that are brittle.



4 Fold the left piece's overhang on top of the intersection.



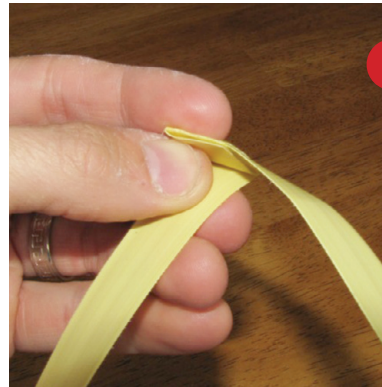
2 Hold the left piece under the right piece.



5 Fold the right piece's overhang on top.



3 Make an X. Both pieces should overhang about the same width of the middle where they cross.



6 Fold the intersection down to the left.



7 Grab the tip of the right piece and begin to make a loop behind the intersection.



11 Continue holding this end and loop it back through the intersection, forming the second arm of the cross. Try to make each arm the same length.



8 Pull the end of the right piece through the slit in the intersection.



12 Take the left end and loop it overhand through the slit in the intersection to make an equal length side.



9 Pull the loop completely through until it is tight.



13 Finish the palm cross by looping this last piece back through the intersection, again trying to make each side's loop about the same size.



10 Keep holding the right end. This time, loop it over and through the intersection's slit, to form the first arm of the cross. Do not pull all the way through.



These instructions were created by Elaine Petrides Scott in loving memory of her mother, Mary Petrides.